

News

Ballymun Youth Bank

Ballymun Youth Bank's new round of grants for 2010 has begun! All youth groups are welcome to apply and should pick up an application form at reception in the Reco. For further information, please contact any member of Ballymun Youth Bank in the Reco between 1:30 and 5pm on Wednesday. Alternatively, contact the Youth Bank Co-ordinator Raychel Keenan by email on bryrrk@eircom.net. Deadline for applications: 17th March 2010

Fetac Awards Ceremony 2010 24th March 2010

BRYR will present certificates to 16 participants who completed the full **FETAC level 5 Certificate in Youth Work** in 2009. We would like to congratulate all participants for their achievement, and commitment to youth work.

Volunteering in BRYR!

Are you interested in volunteering with the young people of Ballymun?

Whether you'd like to share a skill you have or give something back to your community, our Volunteer Support Worker will work with you to find a role that you will enjoy in BRYR or another youth group in Ballymun.

For more information, please contact Michelle on 8667600 or at bryrvolunteering@eircom.net

Our details



Ballymun Regional Youth Resource

The RECO
Silloge Road
Ballymun
Dublin 11

Tel: 01 8667600
www.bryr.ie



Ballymun Regional Youth Resource

Training Calendar

February to April 2010

February

Welcome to BRYR's Spring training calendar 2010. Please feel free to contact us with ideas of workshops you would like us to run.

To book a place,, contact BRYR's Training & Development Officer as soon as possible.

Child Protection Awareness

Thurs 18th February , 9.30—2pm

This Awareness session will be of 4 hours and will include basic information including an overview of relevant legislation and guidelines, the Child Protection Code of Good Practice, Definitions of Abuse, Indicators of Abuse, Reporting Procedures, Do's and Don'ts, Myths about Child Abuse and Protection.

Places: 20 **Cost:** Free

Introduction to Youth Work

Tues 23rd February, 6.30 - 9pm

This three hour session will give you a basic understanding of what youth work is all about. It is suitable to anyone with an interest in youth work and who hasn't done any previous youth work training.

Places: 12 **Cost:** Free

Seasonal crafts

Thurs 18th, 25th Feb & Thurs 4th, 11th March, 11.30-1pm

This workshop will give participants the skills to facilitate creative arts workshops with young people. Be prepared to glue, stick, stitch and glitter! It's gonna get messy, so bring your auld T-shirt on the day!

Places: 10 **Cost:** €5 (incl materials)

March

Occupational First Aid Course - FETAC level 5 (3 days)

Tues 2nd , Wed 3rd & Tues 9th March, 9am-5pm

The specific learning outcomes are grouped into 8 units.

Unit 1 First aid in the workplace

Unit 2 Patient assessment

Unit 3 Respiratory emergencies

Unit 4 Cardiac first response

Unit 5 Wounds and bleeding

Unit 6 Altered levels of consciousness

Unit 7 Musculoskeletal injuries

Unit 8 Burns and scalds, chemicals, electric shock

Places: 10 **Cost:** €220

Programme Planning

Wed 10th March, 6.30 - 9pm

This workshop will guide you through a step-by-step approach when designing a programme of activities for young people, from identifying their needs to designing and evaluating a programme that will be challenging, developmental and fun.

Places: 15 **Cost:** Free

Games workshop

Fri 19th March , 10am-1pm

This workshop teaches you (actively!!) how to run and play games suitable for your youth group depending on group size and energy levels!!!

Wear comfortable clothes and runners. Refreshments provided.

Places: 15 **Cost:** Free

March - April

Preventing and Responding to Challenging Behaviour in youth work

April - Subject to interest.

This workshop will explore challenging behaviour in young people both in terms of prevention at an organisational level and strategies for responding to challenging behaviour when it occurs.

Places: 15. Priority will be given to volunteers working with young people.

Public Information Session

"What lies beneath: understanding & supporting young people's mental health"

Wed 3rd March , 7-9.30pm, Axis Centre

Interested in understanding more about youth mental health and how to support young people who may be struggling?

Jigsaw youngballymun will offer an information session on supporting young people's mental health & wellbeing. This session will be delivered by Headstrong, the National Centre for Youth Mental Health.

Places are limited.

To book a place, please contact: Catherine McGowan at catherine@youngballymun.org or 087 2830236

JIGSAW
youngballymun
YOUNG PEOPLE'S HEALTH IN MIND

